



**St. Joseph's
Stanhope Secondary
Student Version - Bí Cineálta Anti-Bullying Policy**

Our Promise

We want every student to feel **safe, respected and included**.
Bullying is not accepted in our school.

What is Bullying?

Bullying is behaviour that **hurts someone**:

- happens repeatedly **or** is very serious once
- involves a power imbalance

It can be:

- name-calling or insults
- exclusion or rumours
- physical harm
- online (messages, social media)

Report Bullying

If you are being bullied or see it happening, **tell someone**:

- Year Head
- Class Tutor
- Guidance Counsellor
- Deputy Principal / Principal
- any trusted teacher

You may also report **anonymously**.

What We Will Do

We will:

- listen and take you seriously
- act quickly
- treat it privately
- support everyone involved

Parents may be informed.

Support

You will be supported if you are affected by bullying.
Students involved will also be helped to change their behaviour.

Follow-Up

We will check that the bullying has **stopped** and continue to support you.

Remember

**Speak up. You will be listened to.
Everyone deserves to feel safe.**